



## **SAFETY TIPS FOR KIDS WITH PEOPLE THEY KNOW**

### ***CHILDREN NEED TO KNOW THESE KIDPOWER SAFETY RULES:***

- My body belongs to me.
- For play, teasing or affection, I decide whether I get touched or not.
- No one should touch me in my private areas (the parts of the body covered by a bathing suit) or ask me to touch them in their private areas. This breaks the safety rules.
- Touch or other behavior for health or safety is not always a choice, but also should never, EVER, have to be kept a secret.
- Anything that bothers should not have to be kept a secret.
- If I have a problem, I need to tell an adult I trust and keep on telling until I get help.
- It is NEVER too late to get help.

### ***CHILDREN NEED TO PRACTICE:***

- Saying “No” to unwanted or inappropriate behavior using polite clear words, eye contact and assertive body language.
- Persisting even when someone uses bribes, hurt feelings or power to try to pressure them into doing something that makes them feel uncomfortable.
- Verbal choices for getting out of potentially dangerous situations.
- Getting the attention of busy adults and telling the details about situations that make them confused or uncomfortable.

Kidpower of Colorado  
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For more information, please call (719) 520-1311  
You can also contact the **Colorado Springs Police Department at 444-7410** or  
**El Paso County Sheriff's Office at 520-7244.**

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## **SAFETY TIPS FOR KIDS WITH STRANGERS**

### ***CHILDREN NEED TO KNOW THESE KIDPOWER SAFETY RULES:***

- A stranger is just someone you don't know and can look like anybody.
- Don't let a stranger get close to you, talk to you, or give you anything, unless you check first with the adult in charge.
- If you are old enough to be out on your own without an adult to ask, it is safer to be where there are other people close by to get help if you need it. Don't give personal information to a stranger or to someone who makes you feel uncomfortable.
- It is OK to get help from strangers if an emergency is happening to you, and there's no one close by that you know.
- Check first with the adult in charge before you go anywhere with anyone (a stranger or someone you know). Be sure to inform the adult in charge where you are going, who will be with you, and what you will be doing.

### ***CHILDREN NEED TO PRACTICE:***

- How to stand and walk with awareness and confidence.
- How to keep a safe distance from someone approaching them.
- How to walk away from a stranger without talking or hesitating even if that person is being very nice.
- How to make a plan for getting help if they need it.
- How to make noise, run, and get to safety in case of an emergency.
- How get assistance from a busy or insensitive adult.

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